

'For my yoke is easy and my burden is light' Matthew 11:30

Matthew 11:25-30

²⁵ At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. ²⁶ Yes, Father, for this is what you were pleased to do.

²⁷ "All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."



Psalm 145:8-14 ⁸ The Lord is gracious and compassionate, slow to anger and rich in love. ⁹The Lord is good to all; he has compassion on all he has made. ¹⁰ All your works praise you, Lord; your faithful people extol you. ¹¹They tell of the glory of your kingdom and speak of your might, ¹² so that all people may know of your mighty acts and the glorious splendor of your kingdom. ¹³ Your kingdom is an everlasting kingdom, and your dominion endures through all generations. The Lord is trustworthy in all he promises and faithful in all he does. [a] ¹⁴The Lord upholds all who fall and lifts up all who are bowed down.